#### **Allergies**

Section 3
Updated 11/2013

# Prevention, Protocols, Implementation, and Training Resources – Act 68 – 2013

In response to legislation materials below are made available for the use and training of <u>Stock Supply and Emergency Administration of Epinephrine Auto-Injectors</u> including non-patient specific orders for life saving treatment of first-time reactions.

#### Prevention of exposure to allergens in schools:

- 1. Vermont Agency of Education
  - a. Act 158: An Act Relating to Life-Threatening Allergies and Chronic Illnesses in School (2006)
  - b. Managing Life-Threatening Allergic Conditions in Schools (2008) pg. 8-10
- 2. Centers for Disease Control and Prevention
  - a. <u>Voluntary Guidelines for Managing Food Allergies in Schools and Early</u>
    Care and Education Programs (2013)
- 3. FDA Food Safety Modernization Act (FSMA) (2011).
- 4. National School Boards Association-Health Information Network
  - a. Safe at School and Ready to Learn pg. 8-10
- 5. National Education Association/Health Information Network (NEA HIN)
  - a. Food Allergy Handbook pg. 24-25

### **Protocols for Responding to Life Threatening Allergic Reactions**

- 1. Vermont Department of Health/Agency of Education
  - a. \*\*\*Standards of Practice: School Health Services (2010) Section 3 Allergies
    - i. Templates for Health Care Providers (includes an increased awareness of those with first-time life-threatening reactions.)
      - Assessing
      - 2. Administering
      - 3. Caring for
      - 4. Disposing
      - 5. Storage and handling
- 2. National Association of School Nurses
  - a. Get Trained at School (2013)
  - b. NASN Tool Kit (2011)
    - i. Forms: check lists
    - ii. Post event review
- 3. Centers for Disease Control and Prevention
  - a. <u>Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs</u> (2013) pg. 22-33

- i. Certified First Aider pg. 32
- ii. Three levels of training pg. 34
- iii. Community use awareness pg. 39
- 4. Food Allergy Education and Research (F.A.R.E.) Shelter in Place Plan
- 5. Vermont Agency of Education

**Education Programs (2013)** 

- a. Act 158: An Act Relating to Life-Threatening Allergies and Chronic Illnesses in School (2006)
- b. Managing Life-Threatening Allergic Conditions in Schools (2008) pg. 5
- 6. National School Boards Association-Health Information Network
  - a. Safe at School and Ready to Learn pg. 12-13

## Implementation Process for Students with Life Threatening Allergic Reactions.

- Centers for Disease Control and Prevention
   <u>Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and</u>
  - a. Actions for School Boards and District Staff pg. 45-56
  - b. Actions for School Administrators and Staff pg. 57-76
  - c. Actions for Early Care and Education Administrators and Staff pg. 77-85
  - d. Recommendation for First Aid Certification pg. 32
- 2. Incorporates instructions from health care provider
  - a. Vermont Department of Health/Agency of Education
    - i. \*\*\*Standards of Practice: School Health Services (2010)
      - 1. Section 3 Allergies (2013)
      - 2. Section 27 Students with Special Health Needs (2010)
- 3. Includes requirements of 1387 for self possession and administration
  - a. \*\*\*Standards of Practice: School Health Services (above)
  - b. 16 V.S.A. § 1387. Possession and self-administration of emergency medication (2007)
- 4. Becomes part of the student's school health record, annually
  - a. Vermont Department of Health/Agency of Education
    - i. \*\*\*Standards of Practice: School Health Services (2010)
      - 1. Section 3 Allergies (2013)
      - 2. Section 27 Students with Special Health Needs (2010)
- 5. Education and training for school nurses and designated personnel, annually
  - a. National Association of School Nurses
    - i. Get Trained at School (2013)

- Storage of stock epinephrine auto-injectors. <u>Food Allergy Handbook</u>
   pg. 8
- c. Vermont State Board of Education Rules and Regulations, Student Safety, section 4220- 4222.5, page 4 – regarding the <u>storage of</u> <u>Prescription Drugs</u>.
- d. CDC Voluntary Guidelines for Managing Food allergies in Schools and Early Care and Education Programs FAQ 2013
- 6. Each school will publish annually
  - a. Reference to be made on school website and all student/parent handbooks to materials available at the school.
  - b. Recommend plan for families to opt out of emergency response???
- 7. Protocols for the prevention of bullying related to life threatening allergies: National School Boards Association-Health Information Network (Safe at School and Ready to Learn, pg.15)
  - a. Centers for Disease Control and Prevention
     Voluntary Guidelines for Managing Food Allergies in Schools and Early
     Care and Education Programs (2013) pg. 21

i \*\*\*Suggested templates created by the Vermont Department of Health (pending approval by the JSHC)

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